



March 2026

snippets

CHAIRMANS REPORT

Dear members

Thanks to all the members who came forward to and brought their beautiful quilts to be photographed professionally. Some beautiful memories were captured. Members enjoyed each other's company while sharing their wisdom and expert advice. Now the guild has a stunning database to showcase the Kenyan talent. You can view the photos on the link below:

<https://www.kenyaquiltguild.org/gallery/>

The guild has planned a Quilt Retreat at Brackenhurst from 27-29 March. You cannot miss this one. Nancy has confirmations from a few members. This retreat offers a dedicated weekend to focus on quilting while enjoying good company in a peaceful setting where all you do over the whole weekend is sew, eat, sleep, laugh with friends and repeat the same all over again the next day. Brackenhurst is a massive property with beautiful, lush gardens right in the middle of tea plantations, where there is no air or noise pollution. I am so looking forward to it and hoping it will help me finish a few UFOs while I unwind and relax with the best company of friends.

7th block of the sampler quilt, Drunkard path has been sent out by email. The first demo has already taken place on the Saturday meeting. It is a very interesting and versatile technique that can be derived into various patterns possibilities.

Its time again for the Annual General Meeting. The notice has been sent out. We have positions open. Please come forward and join us in taking the guild forward and contribute to the continued growth and success of the guild.

See you all on Thursday.

"To start a quilt is to believe in the future"

Love

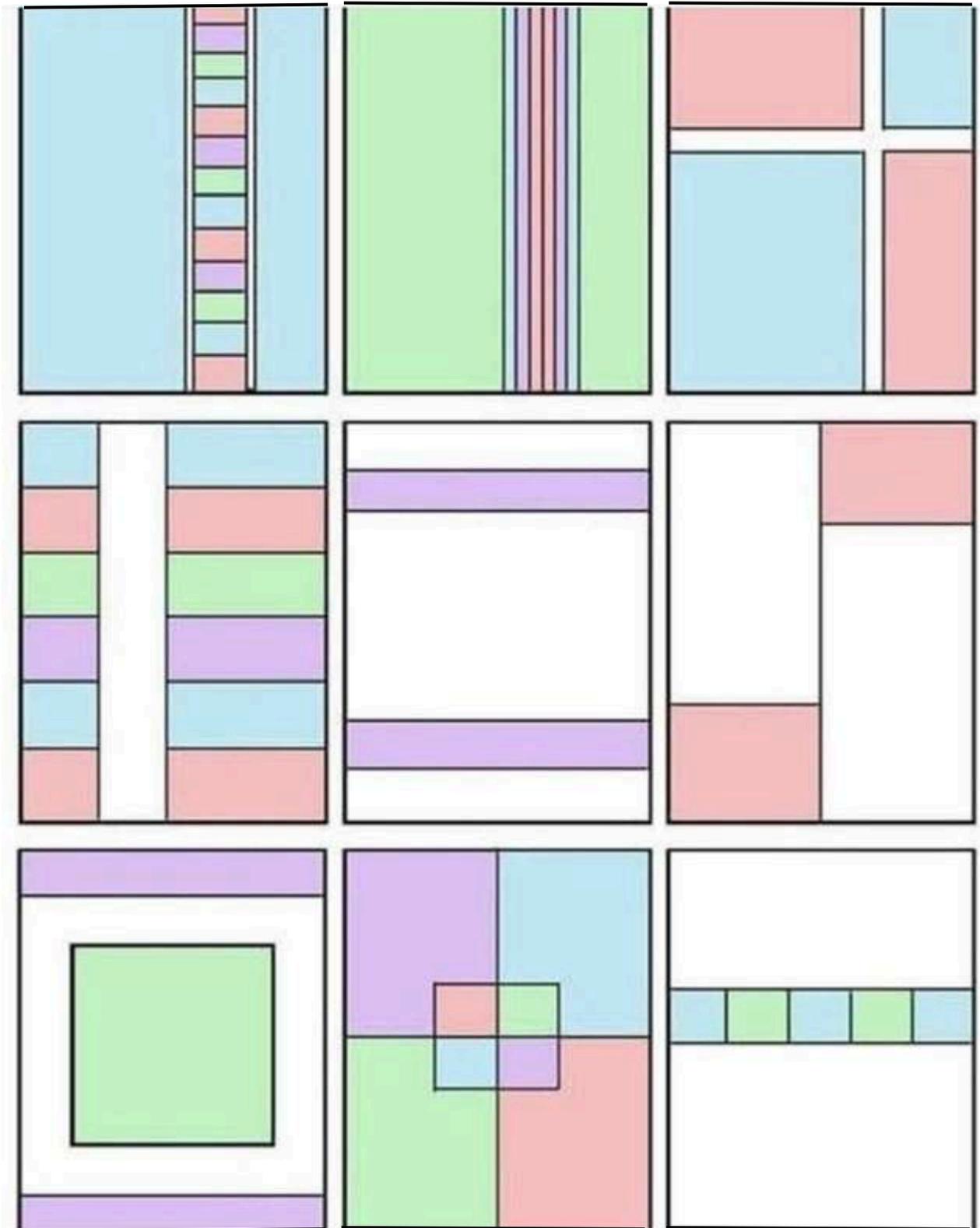
Amber

*Quilt used for Border and Background
throughout Snippets by Pauline Okemba*

Tips

A chart of ideas on how to sew together smaller pieces to make your own backing for quilts

LINK: BuffaloFromthePriaries





KAWANDI - The unique technique of quilting

Traditional Kawandi is a beautiful Indian quilting style! It Originated in Gujarat, India by the African Siddis. Kawandi quilting involves patchwork and layering fabric! It's a beautiful Technique using old fabric scraps and Simple running stitches. You can also use any decorative stitches. It's a very functional quilts for everyday use

It's valued for its simplicity and cultural heritage.

Basic Steps

1. ***Prepare fabric***: Use old clothes, scraps, etc.
2. ***Cut pieces***: Squares or shapes
3. ***Sew patches***: Join pieces together
4. ***Layer***: Add batting, backing
5. ***Stitch***: Simple running stitch or decorative

Techniques

- Uses minimal stitching, focuses on patchwork
- Often involves simple designs

If you're looking for books on Kawandi quilting, here are some resources:

 **Soulful Stitching: Patchwork Quilts by Africans (Siddis) of India** is a great reference, featured in The New York Times and other publications.

 **Islamicate Textiles: Fashion, Fabric, and Ritual** by Faegheh Shirazi also covers Kawandi quilting.

 **Warman's Vintage Quilts: Identification And Price Guide** by Maggi McCormick Gordon is another useful resource.





You can find plenty of tutorials and videos on **YouTube** to get you started.

Some popular Kawandi YouTube channels:

 *Dizzy Quilter* offers a comprehensive course on Kawandi-inspired quilting, covering techniques and projects.



Intro to Kawandi Style Quilting

 *Kick Ass Quilts* has a beginner-friendly tutorial on making a Kawandi-inspired quilt.

 *Dee Christopher's Quilting Basics* features a lesson on Kawandi quilting, perfect for those new to the craft.



These channels provide step-by-step instructions, tips, and inspiration to help you master Kawandi quilting.



Drunkard's Path

Drunkard's Path is an incredibly versatile traditional quilt block! This shape can be arranged in many different ways to create a vast array of different block and quilt designs. It is made from two interlocking curved pieces—one concave and one convex—that form a circle when combined with other blocks. Drafting it yourself gives you full control over size and proportions. Even if you don't draft it yourself, a template is required.

Supplies needed to make a template.

1 piece of plain paper

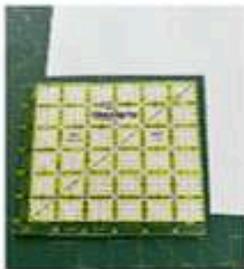
1 piece of card stock paper (I use cereal box or template plastic)

Sharp pencil

Glue stick

Rotary cutter, ruler, compass (or a round object like a plate/bowl)

Start to Draft without seams allowances, then add them later (this is easier)



1



2



3



4

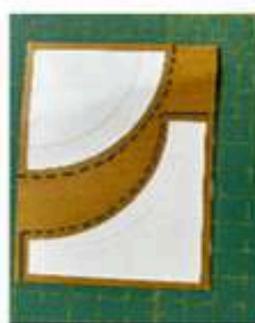
1. Cut Square of paper finished size. In this case it is 6"x 6"
2. Draw an arc from edge to edge (adjoining edges).
3. You Can also use a round object to draw the arc e.g. plate, bowl
4. Cut the arc on the line with a rotary cutter (28mm works better) or paper scissors.



5



6



7



8

5. You get two shapes the pie (the quarter circle/convex shape) and the crust (the concave shape).

6. Glue the shapes onto card stock/cereal box/ template plastic, keeping enough space to draw $\frac{1}{4}$ " line around both the shapes.

7. Draw $\frac{1}{4}$ " markings with a ruler.

8. Cut the shapes on the drawn lines either with rotary cutter or scissors. This forms the templates for cutting the fabric.



Templates



Use templates to cut the fabric



9



10



11



12

9. Two fabric pieces with $\frac{1}{4}$ " seam allowance all round.

10. Fold pieces in half and make a crease to mark centers.

11. The centers of both pieces.

12. Match the centers of both the pieces and pin. The Crust (Concave) piece at the bottom, pie at the top.



13



14



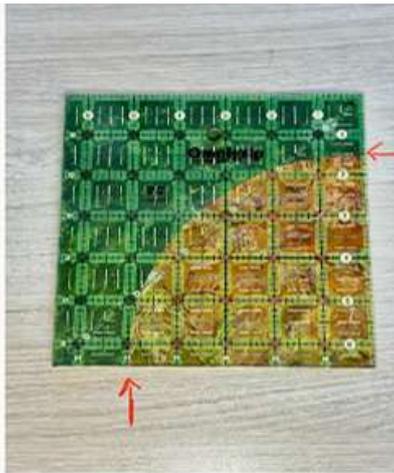
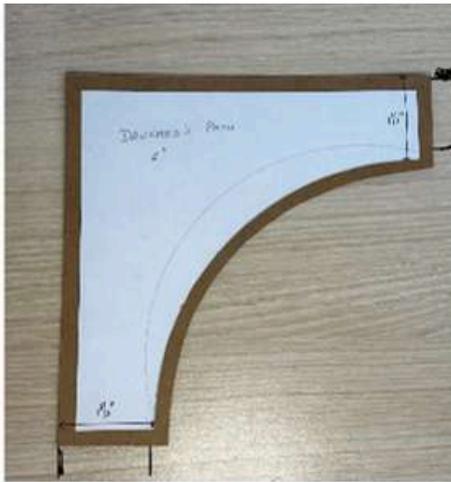
15

13. Match and pin the two corners.

14. Sew with a SCANT $\frac{1}{4}$ " seam allowance, easing your way along the curve and being sure that the under layer doesn't bunch up.

15. Press the seam allowance in direction of your preference or open. Trim patch to size, in this case $6\frac{1}{2}$ " x $6\frac{1}{2}$ "

How to Trim the Block



Measure the from outer edge of the straight edges to the start of the concave edge (excluding the seam allowance of the curved edge)- the marked lines. In this case it is 1 ½".

Place a square ruler on the patch to be trimmed. Place the 1 ½" markings on the seam allowance as shown above. Trim off the excess.

Tips: -

Place the straight edges of the shapes on straight of grain of the fabric.

Stitch with scant ¼".

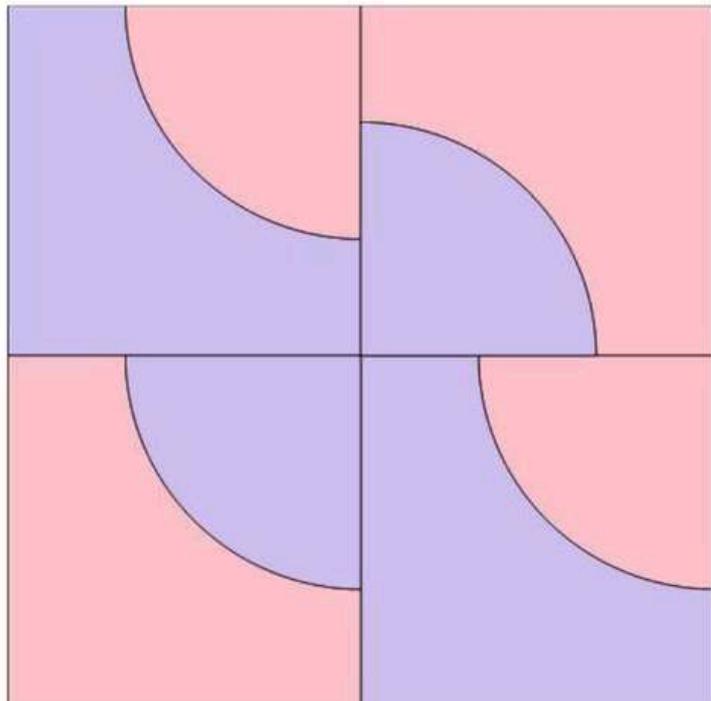
Go slow to gain confidence in joining the curved pieces. I find placing the concave piece on the bottom gives better results. You can try out what works for you.

Drunkard's Path - Peace Dove

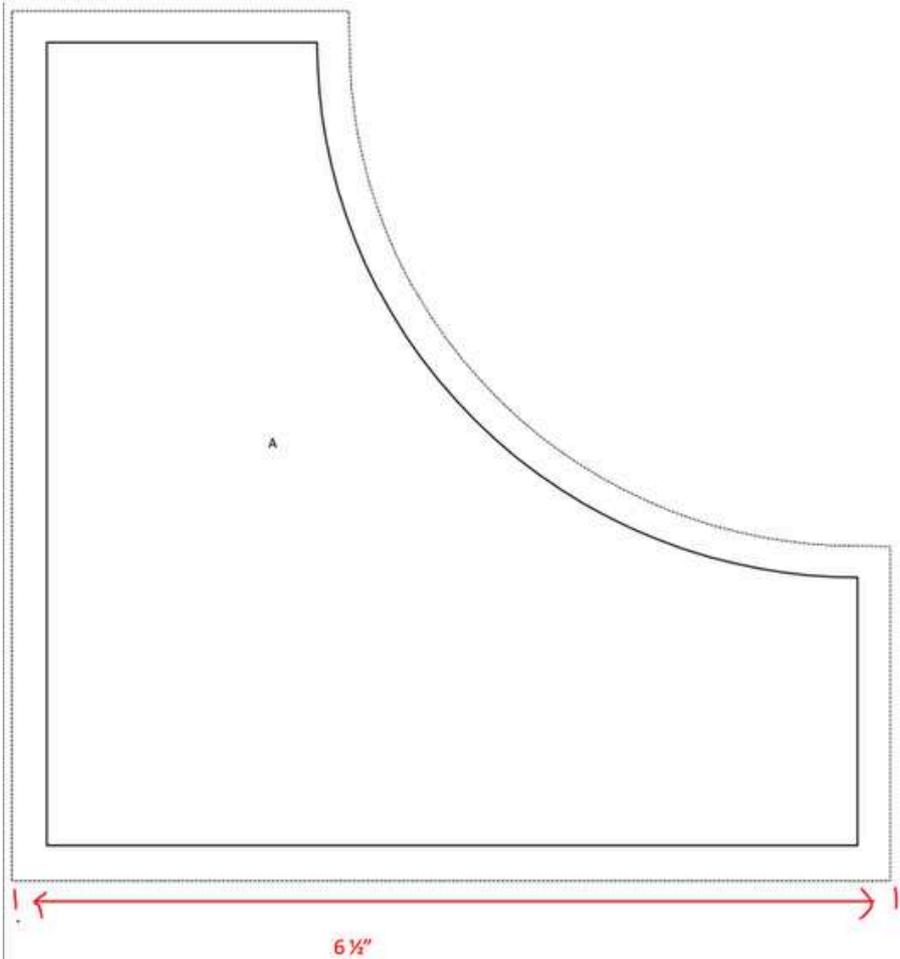
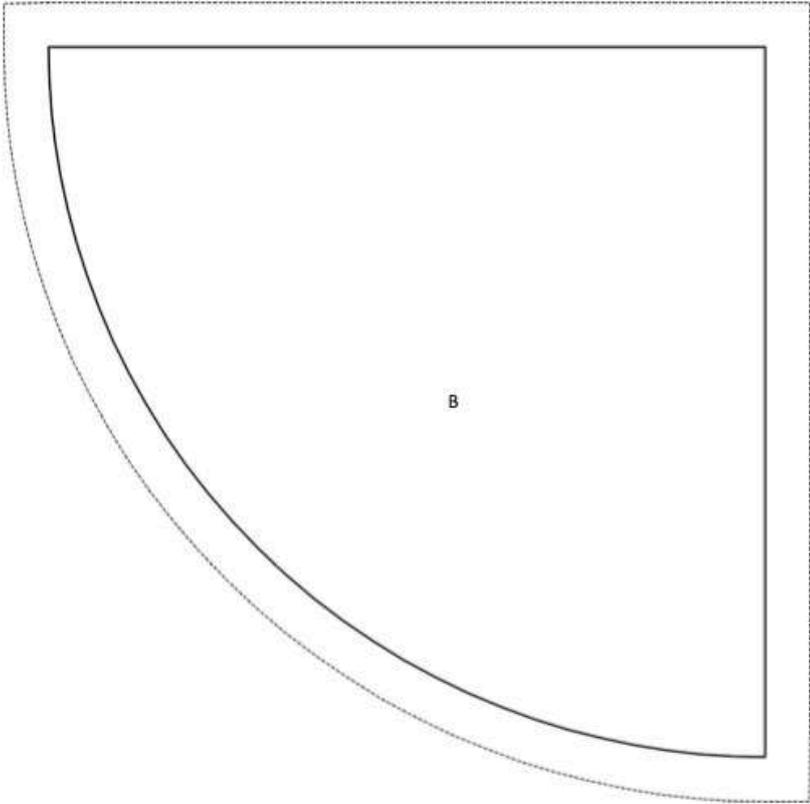
There are four drunkards path patches, two with the pie pieces in one colour and two in the opposite combination.

Following the instructions given above make four patches and join them using the layout in the diagram.

Each patch unfinished should be 6 ½"x 6 ½"

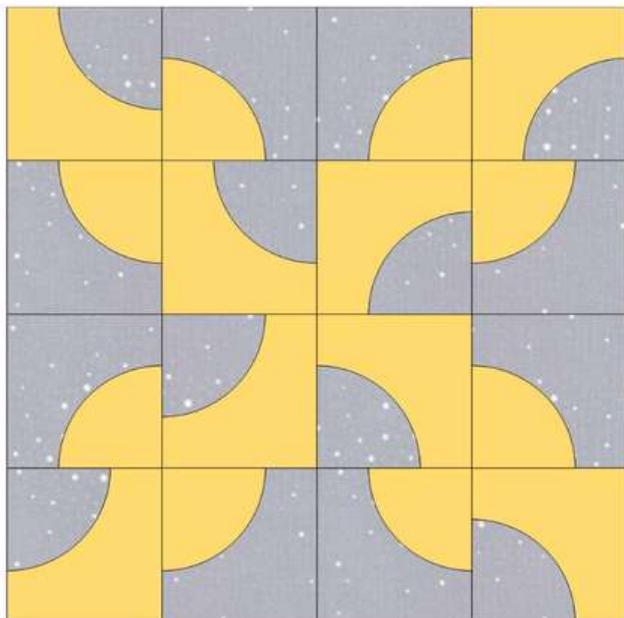


TEMPLATES



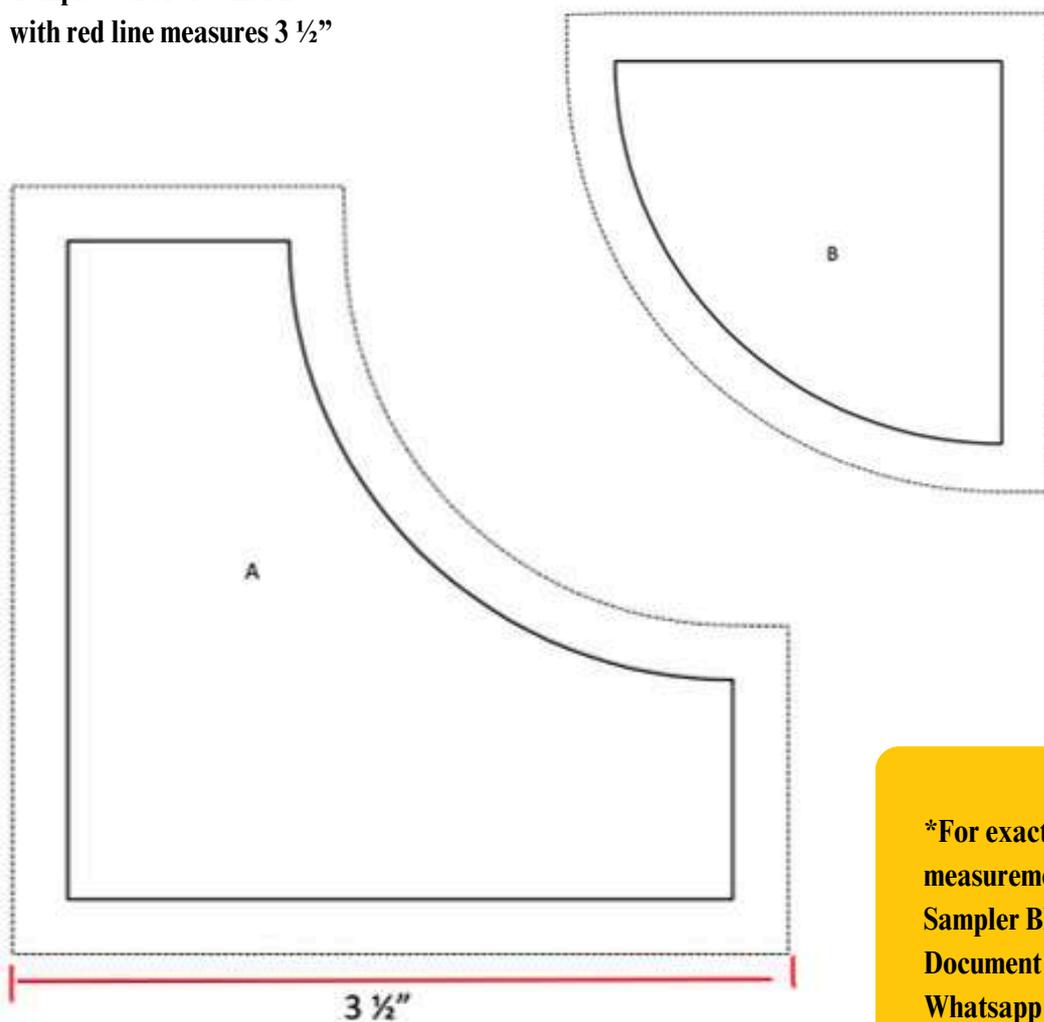
When printing above template, the edge with the seam allowance should measure 6 1/2"

Drunkard's Path - Doves Intermediate



This block is similar to the beginner's block, difference being the size of each patch which finishes at 3" x 3".

When printing ensure the measurement* on the Template A of side marked with red line measures 3 ½"

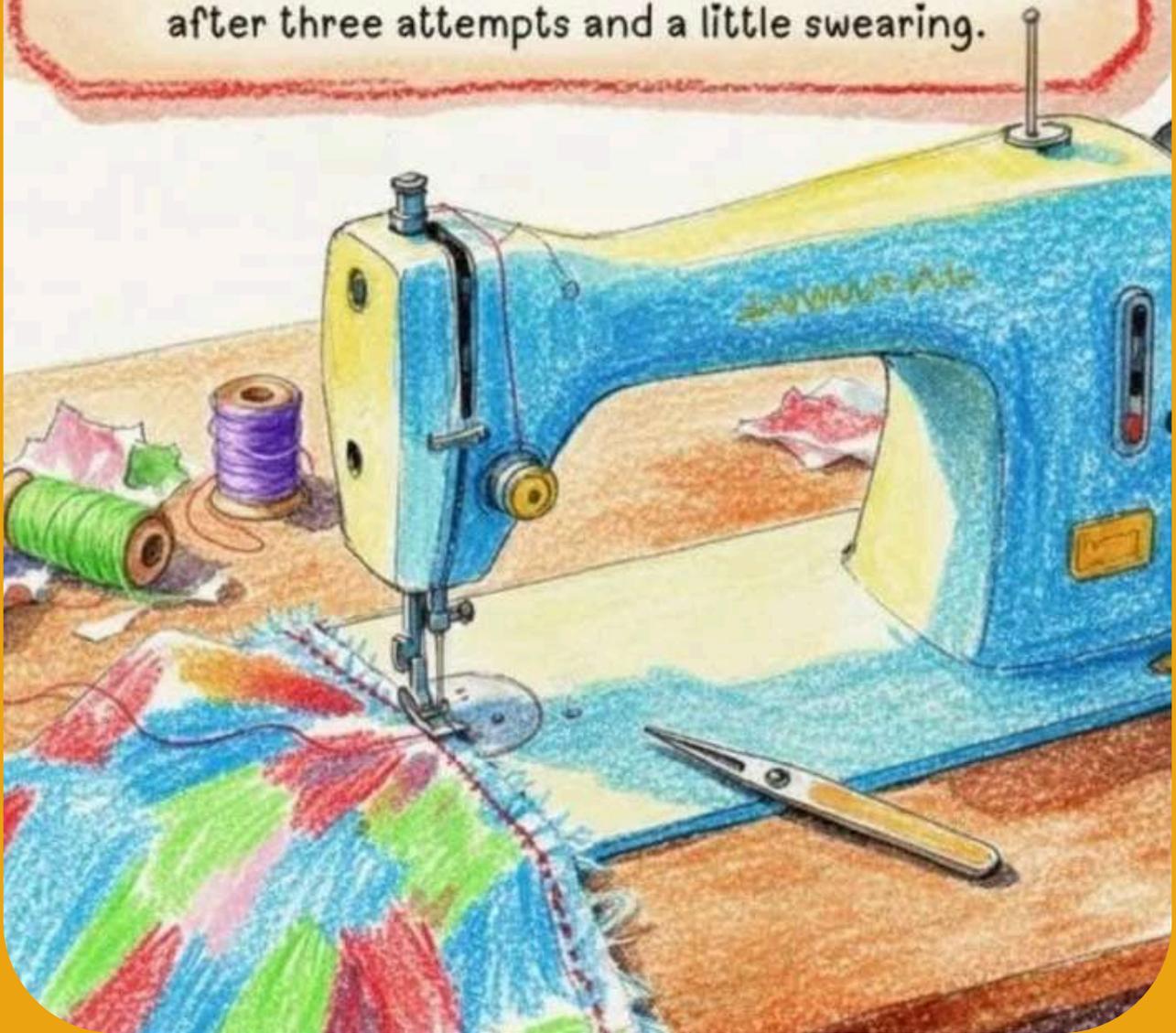


*For exact template measurements use the Sampler Block Document shared on Whatsapp

QUOTE

Submitted by Lakhbir Virdee

A seam ripper is not a tool of failure—
it's proof that I cared enough to make it right, even
after three attempts and a little swearing.



QUILT

Radha Ragwani's First quilt -
On its way to Australia for her grand daughter





Patchwork Clothing Ideas

Benefits for Making Patchwork Clothing:

- You can use fabric scraps
- Every article of clothing will be different
- Makes your clothing ideas adaptable for designing



Important Guidelines

- Sew accurate seams
- Press seams carefully
- Use rotary cutter and ruler when cutting
- Work with fabrics that have the same weight
- Plan design in advance

KQG MERCHANDISE



WORKSHOPS CALENDAR 2026

MARCH:

Migrating Geese by Kayuri



APRIL:

Oldest UFO or their worst quilt for
Show and Tell



MAY:

Colour Theory by Nzilani



Become a
MEMBER in 2026 and...

Receive a
certificate...



and this
BEAUTIFUL
Starter Pack





KENYA QUILT GUILD MEETINGS

APRIL

SATURDAY 3RD

Trademark Hotel

THURSDAY 16TH

Sikh Union

MAY

SATURDAY 2ND

Trademark Hotel

THURSDAY 21ST

Sikh Union

JUNE

SATURDAY 6TH

Trademark Hotel

THURSDAY 18TH

Sikh Union

10AM - NOON

FREE BEGINNER QUILTING CLASSES AFTER EACH MEETING

WWW.KENYAQUILTGUILD.ORG
KENYAQUILTGUILD1@GMAIL.COM

LIST OF TEACHERS OFFERING CLASSES

BEGINNER'S CLASSES:

GILL REBELO	SPRING VALLEY	0722 613105
RAGHBIR SYAN	NGONG ROAD	0721 372208
RAJI SYAN	NEW MUTHAIGA	0722 362362
JASVINDER PHULL	WESTLANDS	0733 785786
AMBER SIDDIQUI	SPRING VALLEY	0717 492210
ROHINI DESAI	BROOKSIDE	0722 840846
POLEY BHAMRA	BROOKESIDE	0721 289110

APPLIQUE CLASSES:

NEELA SHAH	REDHILL ROAD	0723 987160
RAGHBIR SYAN	NGONG ROAD	0721 372208
RAJI SYAN	NEW MUTHAIGA	0722 362362
AMBER SIDDIQUI	SPRING VALLEY	0717 492210

BARGELLO CLASSES:

RAJI SYAN	NEW MUTHAIGA	0722 362362
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SMALL PROJECTS – BAGS, FABRIC BOWLS & GIFT ITEMS:

JASVINDER PHULL	WESTLANDS	0733 785786
RAGHBIR SYAN	NGONG ROAD	0721 372208

HAND QUILTING/ HAND EMBROIDERY:

CHRISTINE KIBUKA	SIMBA UNION	0734 440688
AMBER SIDDIQUI	SPRING VALLEY	0717 492210

MACHINE QUILTING AND FREE MOTION QUILTING:

RAJI SYAN	NEW MUTHAIGA	0722 362362
ROHINI DESAI	BROOKSIDE	0722 840846

LOG CABIN, SAMPLER QUILTS, CATHEDRAL WINDOW AND OTHERS BY REQUEST:

GILL REBELO	SPRING VALLEY	0722 613105
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QUILT COACH:

CHARU PATEL	RAPHTA ROAD	0724 521768
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THE GUILD HAS JOINED PINTEREST!

www.pinterest.com/kenyaquiltguild1/





LIBRARY

You can now borrow great quilting books for a small fee from our library at the meetings. Please return any library books you may have borrowed in the previous years.

BOOK RENTAL: 100 Kes



WEBSITE

www.kenyaquiltguild.org



DOOR PRIZES

You have the opportunity to win a fun prize at each meeting! Don't forget to sign in at the door when you get your name tag.

FOLLOW US ON SOCIAL MEDIA!

DID YOU KNOW? WE ARE ON FACEBOOK, INSTAGRAM AND NOW PINTEREST! PLEASE LIKE, FOLLOW AND SHARE WITH ANYONE WHO'D LIKE TO SEE WHAT THE GUILD IS UP TO.



PINTEREST:
kenyaquiltguild1



FACEBOOK:
thekenyaquiltguild



INSTAGRAM:
thekenyaquiltguild

PAYMENTS:

You may pay for
Kenya Quilt Guild
subscription of your classes at one
of our monthly meetings or by

Paybill no: **4043847**

Account Number: **Your Name**

KQG'S MEETINGS:

TIME: 10:00 AM TILL NOON
(Kenyan Standard Time)

Monthly Meetings:
3RD THURSDAY OF THE MONTH
SIKH UNION

1ST SATURDAY OF THE MONTH
TRADEMARK HOTEL

KQG CO-ORDINATES:

Email: kenyaquiltguild1@gmail.com

Website: www.kenyaquiltguild.org

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solely for the benefit of KQG members and is
not intended for any commercial purpose.