

# SNIPPETS

Kenya Quilt Guild Newsletter



January 2014

## TABLE RUNNER

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*By Raghbir Syan*

# FROM THE CHAIRMAN

Dear Members,

What are your goals for 2014? Mine are many including the usual lose weight and get more physically active. We each have goals for our personal lives, but how about goals for the guild? Each new skill one of our members learns increases the quality of our quilts. Maybe this year you want to learn to choose your fabric colors, or learn another way to applique, or how to free motion quilt better. Right now, as you are reading this newsletter, decide on a quilting goal for yourself. BUT don't stop there. Make some steps to achieving your goal. Come to the guild meeting on 16 January and check out a library book on your topic, ask a member you know who is good at your desired skill for some tips. Or search online for a class or ask a committee member if a class could be arranged. Let each one of us become a better quilter in 2014!

In Stitches—

*Patty Arensen*

## MEETINGS

**Thursday 16th January** – an illustrated talk and demonstration by Raghbir Syan on her Bargello-style curved Table Runner using a special ruler that she has had made in Kenya. We are hoping that Raghbir will follow this presentation up with a class on this project at which she will have rulers available for the class members. ([The table runner is our cover photo](#))

**Thursday 20th February** - Physiotherapist Petrina Spencer will give advice on the correct posture to adopt whilst sewing. She will deal with questions specifically related to posture problems created by bad positions whilst sewing. Members are invited to send in any relevant questions to [kenyaquiltguild@gmail.com](mailto:kenyaquiltguild@gmail.com) for discussion at the meeting.

Also at the February meeting, returned KQG member Estelle will talk about the Tentmakers of Cairo (see July 2012 Snippets) and will bring along samples of the Egyptians' stunning applique quilts to show us.

# KQG MYSTERY QUILT 2013/14

## EDITION 3

The cutting directions this month are very simple, but please make sure that when cutting on diagonals, you hold the ruler securely. When you have finished a cutting step, tick it off the list and will make it easier if you label the pieces with the appropriate letter before putting them aside. When you progress to the piecing directions, you will find it faster to locate the indicated pieces and troubleshoot any errors. Each step of the piecing directions is illustrated to assist you.

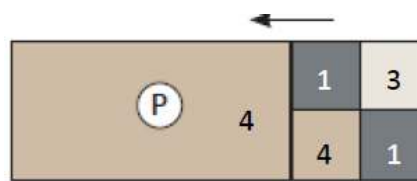
### Cutting Directions:

- Fabric 1:** Binding: Cut seven strips  $2\frac{1}{4}"$  x width of fabric
- Fabric 3:** **L:** Cut one strip  $8\frac{1}{2}"$  x  $27"$  strip  
Then cut again into six rectangles  $8\frac{1}{2}"$  x  $4\frac{1}{2}"$
- Fabric 4:** **P:** Cut one strip  $8\frac{1}{2}"$  x width of fabric.  
Then cut again into nine rectangles  $8\frac{1}{2}"$  x  $4\frac{1}{2}"$ .  
Cut one strip  $8\frac{1}{2}"$  x  $22\frac{1}{2}"$   
Then cut again into five more rectangles  $8\frac{1}{2}"$  x  $4\frac{1}{2}"$  making fourteen in total
- Q:** Cut three  $18\frac{1}{4}"$  x  $18\frac{1}{4}"$  squares  
Then cut each square on BOTH diagonals making twelve triangles
- R:** Cut two  $9$  x  $9$  squares  
Then cut each square on ONE diagonal making four triangles

### Piecing Directions:

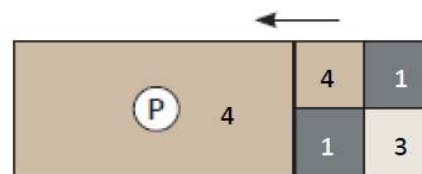
Pay careful attention to the direction of the four patch units and colour placement in Steps 1 through Step 5. The pieced units here must be assembled **EXACTLY** as shown in the illustrations.

1. Sew a P to a four patch unit that you had set aside from an earlier step. Press seam towards P. Make ten  $4\frac{1}{2}"$  x  $12\frac{1}{2}"$  units.



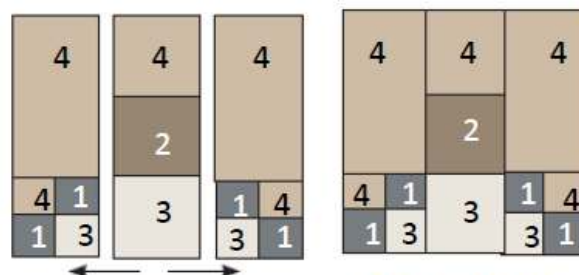
*Make 10 ~  $4\frac{1}{2}"$  x  $12\frac{1}{2}"$*

2. Sew a P to a four patch unit that you had set aside from an earlier step. Please take note that the positioning of the four patch unit is different from Step 1. Press seam towards P. Make four  $4\frac{1}{2}"$  x  $12\frac{1}{2}"$  units.



*Make 4 ~  $4\frac{1}{2}"$  x  $12\frac{1}{2}"$*

3. Sew a unit from Step 1 as shown below to a three piece unit that you had set aside from an earlier step. Sew a unit from Step 1 to the other side. Press seams outwards. Make four  $12\frac{1}{2}"$  x  $12\frac{1}{2}"$  squares.

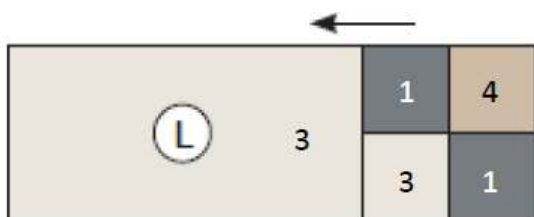


*Make 4 ~  $12\frac{1}{2}"$  sq*

# LOOKING AHEAD

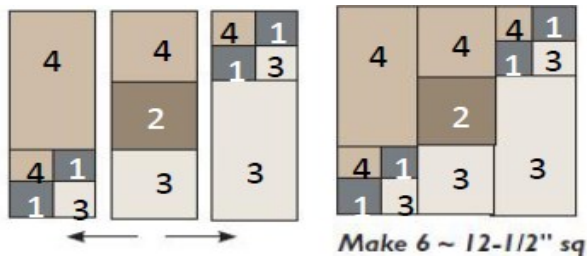
## MYSTERY QUILT EDITION 3– Contd

4. Sew an L to a four patch unit that you had set aside from an earlier step. Press towards L. Make six  $4\frac{1}{2}$ " x  $12\frac{1}{2}$ " units.



*Make 6 ~  $4\frac{1}{2}$ " x  $12\frac{1}{2}$ "*

5. Sew a unit from Step 1 to a three piece unit that you had set aside from an earlier step. Sew a unit from Step 4 to the other side. It is very important to get the positioning of all units correct. Press seams outward. Make six  $12\frac{1}{2}$ " x  $12\frac{1}{2}$ " squares.



*Make 6 ~  $12\frac{1}{2}$ " sq*

*Tah-Dah!*



Now that you have made all of the required blocks, you will be ready to assemble the quilt face next month.

If you desire to trapunto or appliqué any sections of your blocks, this is the time to do it.

Happy Sewing! Enjoy!

## QUILTING CHALLENGE

If you want to rise to Patty's quilting challenge you may like to consider some of the classes below.

## BLOCKS OF THE MONTH FOR 2014

Craftsy is offering a FREE Block of the Month starting in January. The emphasis is on colour theory and the student is introduced to different colour schemes.



To register go to: <http://www.craftsy.com/class/2014-bl...e&SSAID=833321>.

Once you have registered you can take your time and access the lessons any time. Don't be put off by mention of a kit as you will learn more about colour choice if you use fabrics from your stash or buy your own locally.

Kundan has many lovely fabrics in stock at the moment at The Woman Shop. Memsaab in Corner Plaza also has a small selection of great quilting fabrics. Gill bought Kaffe Fasset and RJR fabrics for 695/- a metre there recently (look on the left as you go in through the door).



## LOOKING AHEAD

### BLOCKS OF THE MONTH– Contd

Join quilting instructors Amy Walsh and Janine Burke as you say goodbye to color confusion. Learn how to choose inspired color combinations for captivating quilts! Start with color theory basics and discover accessible techniques for combining colors. Create a soothing, low-contrast look with analogous colors, or an energetic, high-contrast effect using complementary colors. Add emotion to your designs with warm and cool colors, make your piecing pop with hexadic color schemes and create contrast with value. Along the way, you'll make six different blocks, sewing and arranging them into a vibrant sampler quilt. Plus, you can develop your color confidence without having to worry about selecting fabrics— use the same sumptuous collection of Michael Miller's batiks that Amy and Janine work with in class. These fabrics are available in convenient kits right from Craftsy! Don't forget to look for the kit when you sign up for this fun, free class.



Another exciting Block of the Month for 2014 is Michelle Foster's **Delightful Stars Quilt-Along**. Michele is a great teacher and if you sign up for this you can complete a queen size quilt. There is a small fee of US\$15 for this quilt-along – a small price to pay for such beautiful blocks.

See the pictures below of two different colourways.





# SOMETHING DIFFERENT

## KENYA EMBROIDER'S GUILD

If you would like something a little different you may like to take one of Mary Hickmott's classes, organized by the Kenya Embroiderers' Guild. Mary Hickmott is the creator and Editor of "New Stitches" Magazine.

MASTER CLASSES in February/March 2014 to be held at EAWL HQ

All classes to run from 9.30 – 3.30 with an hour's break for lunch.



### CANDLEWICKING

Using Carons threads

Tuesday 25<sup>th</sup> February



### SWEDISH EMBROIDERY

Using appletons tapestry wools on felt

Wednesday 26<sup>th</sup> February



### FINE HARDANDER

Using coloured fabric and threads

Thursday 27<sup>th</sup> February



### TUFTED NEEDLEWORK

Using anchor tapestry wools, various colours

Tuesday 4<sup>th</sup> March



### WESSEX EMBROIDERY

Sewn on 28 hpi Joblean

Wednesday 5<sup>th</sup> March



### METALLICS

Using Kreinik threads on red aida

Thursday 6<sup>th</sup> March

Please note these pictures are the actual projects being undertaken, all of which have been designed by Mary.

**PLACES ARE LIMITED – NON REFUNDABLE DEPOSIT OF 500/= IS REQUIRED TO SECURE EACH SESSION**

To book a place on a master class please contact Gail Langton 0733 739585 [gail.langton@gmail.com](mailto:gail.langton@gmail.com).

Or Frances Cattermole 0733716765 [frances.cattermole@gmail.com](mailto:frances.cattermole@gmail.com)

**Please ensure you give full details of which session you want to attend.**

# REMINDERS

## Membership

**PO Box 39482**  
**Parklands 00623**

Subs are due in January. Membership remains at a bargain price of 1,500/-. Please try and pay at the January meeting

## Red Cross Peace quilt

**Email:**  
[kenyaquiltguild@gmail.com](mailto:kenyaquiltguild@gmail.com)  
**Website:**  
[www.kenyaquiltguild.org](http://www.kenyaquiltguild.org)

The Charity Committee have asked that all those who have taken blocks for this quilt should bring them along to the January meeting



## Meetings

**Venue:**  
Simba Union Off  
Forest Road

**Time**  
9.30am– 1.00pm

**Monthly meeting date**  
January 16, 2014

## This month's contributors

- ◆ Gill Rebelo
- ◆ Patty Arensen
- ◆ Gretchen
- ◆ Sheryl Fowler



Members enjoying the Guild Christmas party. Those who braved the terrible weather had a great time.

**Editor in Chief : Margaret Atandi ([ondara2005@yahoo.com](mailto:ondara2005@yahoo.com) or [ondara2005@gmail.com](mailto:ondara2005@gmail.com))** The editor in chief welcomes contributions from all members. Please send articles for inclusion in the next edition of SNIPPETS to her email by 10th monthly.