

# SNIPPETS

## Kenya Quilt Guild Newsletter



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### From Our Chairman

At our house, the Olympics is a big deal. For 18 years, we lived in Tanzania, beyond the reach of any television waves. We went for years without being able to watch the world's greatest athletes compete for the prestigious medals. We are now able to watch the games via the internet.

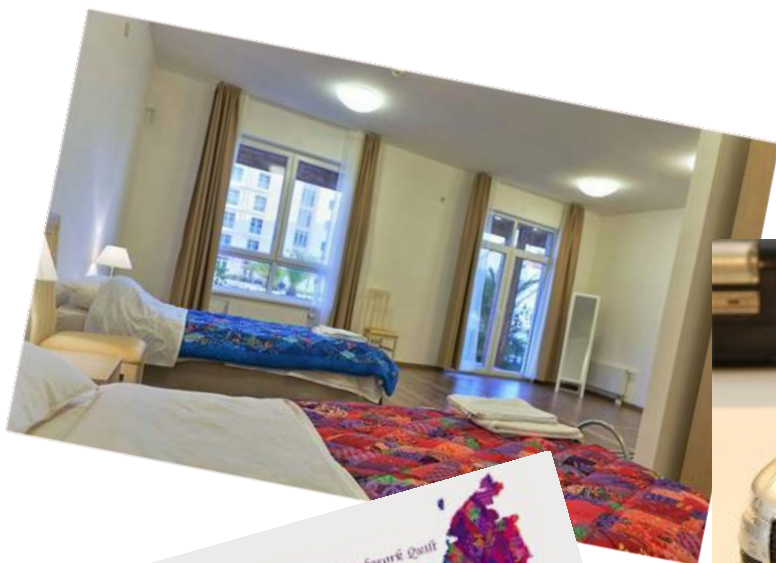
I enjoy watching, but have found myself distracted by the beautiful designs of the logos and signage. Why? Because of the beautiful patchwork! Her jacket full of beautiful color, this young greater at the opening

ceremonies is just the start. There is a



quilt design just for the Olympics featured in the header of this month's Snippets, a car painted with the Olympic pattern, the

background for the world's athletes who have set goals and now they are reaping the re-



bed covers of the athletes (a more traditional place for patchwork), and in a map of Russia. The patchwork is also found on signage throughout the Olympic village.

It is interesting to try and spot the patchwork while watching the competitions. They are the

sults of their hard work. How are you doing with meeting your quilting goals for this year? This month, we have two opportunities for you to work towards them. After our guild meeting on





Thursday, 20 February, we will have another UFO time. Bring your unfinished projects and get over the hump to getting them finished. Secondly, on Thursday 27 February, we will meet again for a class by our own Raghbir Syan on making a Curved Bargello table runner.

Come. Let us "train" together.

I will be...

*In Stitches,*

*Patty Arensen*



**Editor in Chief :**

**Suzanne Waithaka** (suziwaithaka@gmail.com) The editor in chief welcomes contributions from all members. Please send articles for inclusion in the next edition of SNIPPETS to her email by 10th monthly.

# M EETINGS

**Thursday 20th**

**February** - Physiotherapist Petrina Spencer will give advice on the correct posture to adopt whilst sewing. She will deal with questions specifically related to posture problems created by bad positions whilst sewing. Members are invited to send in any relevant questions to [kenyaquilt-guild@gmail.com](mailto:kenyaquilt-guild@gmail.com) for discussion at the meeting.

**Thursday 20th March** -

Returned KQG member Estelle will talk about the Tentmakers of Cairo (see July 2012 Snippets) and will bring along samples of the Egyptians' stunning appliqué quilts to show us. This has been moved from February to March due to a scheduling issue.

**Thursday 17th April** -

AGM If you are interested in running for a position on the board or volunteering to help on a committee, please email the guild or tell Patty that you would like to stand for a position.

In addition to the AGM, we will have a video and demonstration about the Ruler Revolution with Kundan.

## F eatured Items

**The Woman Shop**

Check out the TrueCut Rotary Cutting System at The Woman Shop. True Cut provides a revolutionary new cutter that can reduce wrist strain and with the guide track on the rulers and the guide on the cutter, the system will eliminate inaccurate cuts due to veering off the ruler edge. Click here link to see the [TrueCut video](#).

**Memshab's**

Memsaab's has just got in a large variety of 100% cotton fabrics. Some of these fabrics are 42" wide whilst others are 55" wide and very suitable for backing quilts.

# WINTER OLYMPICS 2014

Still on the Sochi Olympics, the patchwork quilt theme was apparently chosen to symbolize “the diversity of cultural traditions of people living in Russia”. Even the medals have a patchwork theme, depicting a map of Russia broken down into patchwork pieces.



The US Olympic team also adopted the patchwork theme for their uniforms. Below are the Team USA Opening Ceremony uniforms designed by Ralph Lauren.



Burtons, who designed the outfits for the Snowboarding team, said “Nothing represents Americana more than handcrafted patchwork quilts and the American flag.” The Burton designers drew their jacket inspiration from a vintage quilt they discovered at an antique fair. A “veteran Vermont quilt maker” refined the design and it was replicated using high-end fabrics. See the picture below.



Moda Fabrics, inspired by the Olympics, have created a new collection of fabrics - Russian Traditions.

For more pictures of the Russian crafts which inspired the patchwork theme go to the official website

<http://sochi2014.bosco.ru/en/>



# KQG MYSTERY QUILT 2013/14

## Edition 4

between row to allow you to butt up the seams. Snip off rabbit ears.

On this ***Mystery Quilt***, the inner border and outer border are incorporated into the blocks. This technique can be used in many of your future quilts and eliminates the need to have the quilt centre be an exact size to fit a pieced border.

Once you know how to make the border blocks, any 12" finished size block may be inserted. The block needs to have empty corners so the design doesn't touch the built-in borders.

We hope that this ***Mystery Quilt*** design has been fairly quick and easy for you to make and that it has suited many fabric styles and designs.

## QUILT TOP ASSEMBLY:

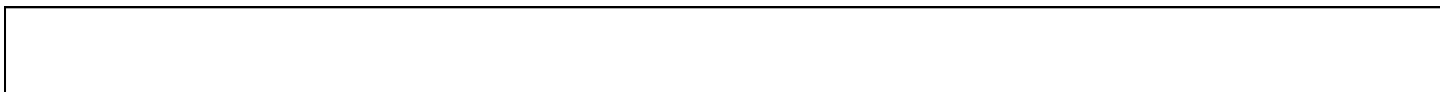
\*Please note: It is much easier to sew the quilt top in two halves and then join them in the middle.

1. Place the blocks out in rows **diagonally** as per diagram below.
2. Set the side **Q** triangles in place aligning the bottom edges, leaving the top edges with a bit to spare.
3. Sew each row together then press seams in alternate directions

4. Set in the **R** triangles in the corners.
5. Sew the rows together and press your seams
6. Put your quilt down and quilt either by machine or hand.
7. You must square up your quilt before sewing on the binding.

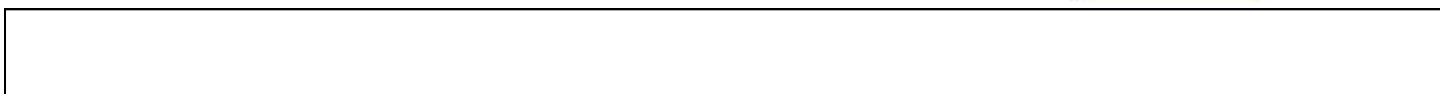
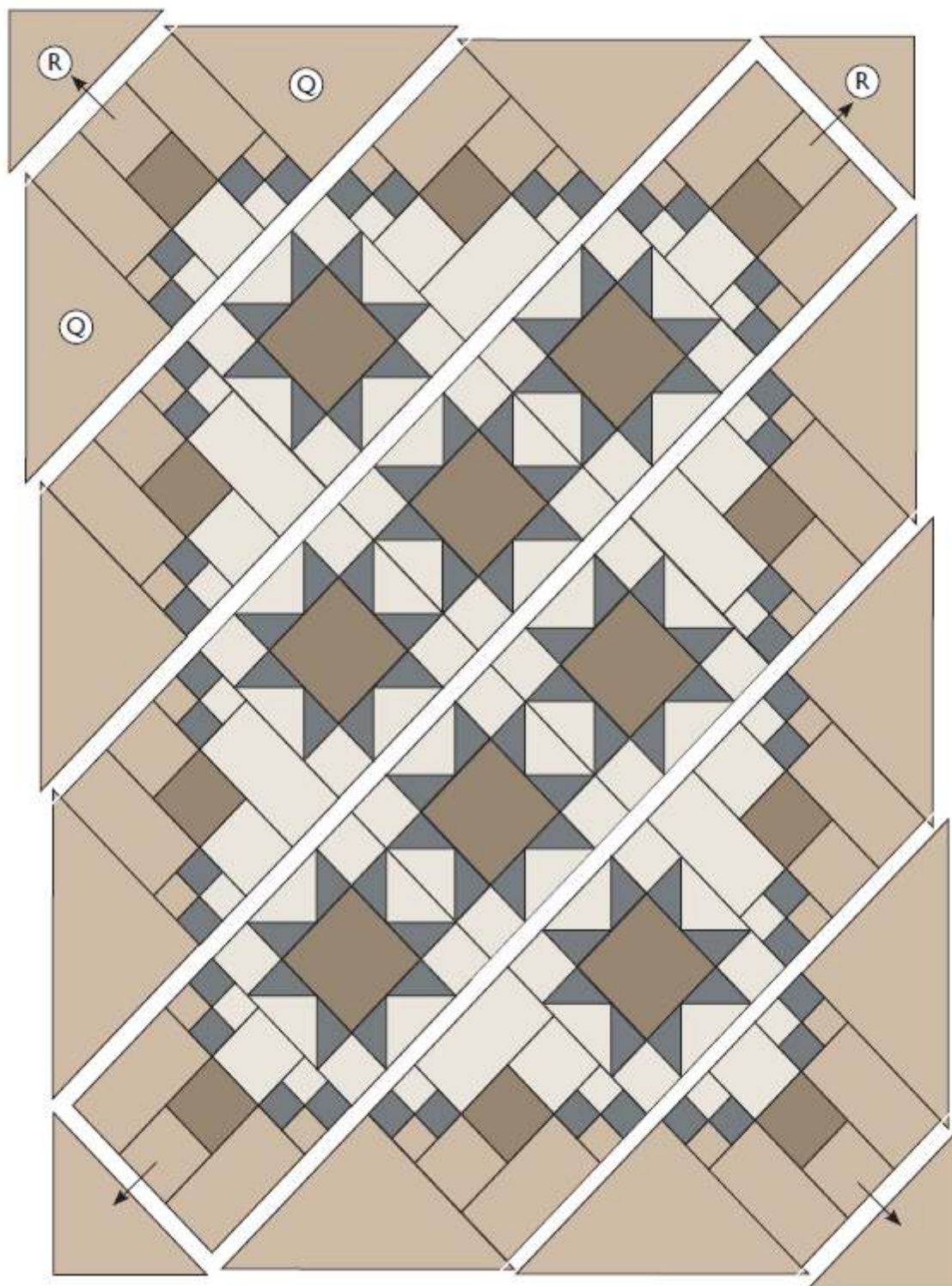
Your quilt is now done and we hope that the total experience has been an enjoyable one. Bring your quilt along to the **July** meeting to share with the other ladies who have taken part in the **2013/2014 Mystery Quilt Project**. If you haven't started already, there is plenty of time to catch up and finish the quilt. The Committee has organised a 'Viewer's Choice' prize which will be awarded.

There will be a section at the October Sarit Exhibition for these quilts so we hope to get as many quilts as possible. It will be interesting to see how many different versions our members have been able to produce.



# KQG MYSTERY QUILT 2013/14

## QUILT DIAGRAM





# TIPS AND TECHNIQUES

## Look What I Found Out By Mistake

I was given a set of Frixion Gel Pens by Sarah Brewin as a gift. The pens are for marking out quilting patterns on quilts and the best thing about the pens was that the marks could be removed by ironing. I got onto Youtube and watched a short video on the pens and was quite satisfied about the convenience of the pens, but in reality ironing over the quilting flattened the batting a bit and it was a bit fiddly to maneuver the iron around the sewing to catch all of the marks.

On my Mystery Quilt, I decided to trapunto some squares using the gel pens to draw the design and dissolvable thread to attach the extra batting as instructed by Bev Rebelo during our class. When it came to quilting the trapunto squares, I had to wet the square in order to dissolve the thread, but then I couldn't stipple around the blocks until the blocks were dry. So, I got out my trusty hair-dryer to do the job quickly.

Off came to gel pen marking along with drying the square

ready to quilt with no need to use the iron. It was so much easier and indeed quicker to remove the gel pen with the whisk of a hairdryer, than to set up the iron. So here's the handy tip.

The Woman Shop has a few of these cool pens in her shop and Suzanne will have one at the meeting to show you how they work with friction, which creates heat, just like the hair dryer and the iron.

## Bernina Tips and Techniques

As part of Patty's chal-



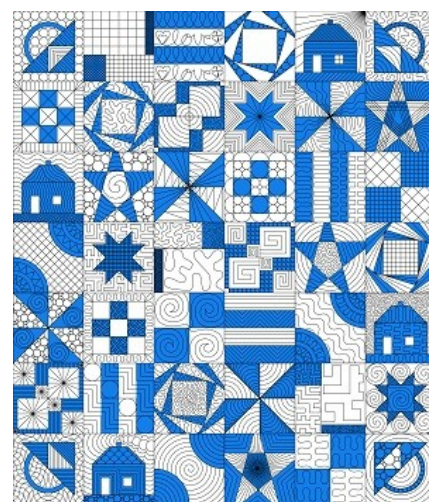
lenge to learn something new this year each month in 2014, we will be featuring one project from the [bernina.com/us](http://bernina.com/us) website. These projects will feature Bernina accessories that you can find at The Woman Shop, but the project's can be done on any sewing machine with similar functions.

In February we are featuring a stylish placemat and napkin that uses the circular embroidery tool, the reverse pattern foot 1D, edgestitch dual feed foot 10D, the open embroidery foot 20D and the clear foot 34C.

You can download the instructions for this project at [bernina.com](http://bernina.com) or you can ask Suzanne to email it to you at the February meeting.

## Free Motion Quilting with Leah Day

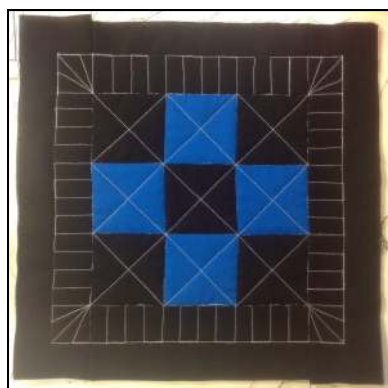
Leah Day, a professional quilter in the US, started The Free Motion Quilting project several years ago. Her original goal was to create 365 free motion quilt-



ing designs. Since it's inception, the Free Motion Quilting project has helped thousands of quilters

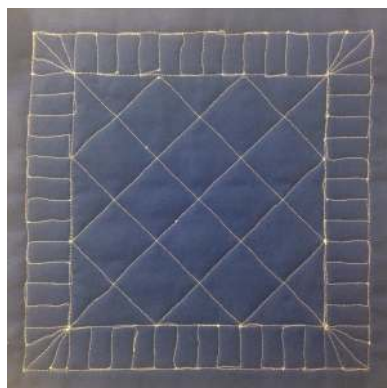
# TIPS AND TECHNIQUES

begin to learn free motion quilting. Leah has created well over 400 designs and has three classes on Craftsby.com Free Motion Quilting a Sampler, Free Motion Fillers Volume 1 and Free Motion Fillers Volume 2. Her current project is called



Leah's Quilting on this month's nine-patch block

Building Blocks. You can participate several ways. You can order a preprinted top from [spoonflower.com](http://spoonflower.com), you can order the downloadable pattern from [leahday.com](http://leahday.com) for \$24.00 or you



Back of Josh's block. He didn't stitch

can order a kit for \$120.00. She



Back of Leah's block. She did stitch in the ditch. See the difference one simple change in how the block is quilted can make in the finished image.

that month's block, and she also posts a video of Josh quilting the same block on the spoonflower printed quilt blocks. Learn along with Josh or improve your existing skills with Leah. Both are great options.

If the quilt along isn't your style, but you'd like to learn more about free motion quilting, check out her blog, [thefreemotionquiltingproject.com](http://thefreemotionquiltingproject.com). This week, she featured a new design with a great spring theme, Daisy



Chain.

This cool edge -to-edge design would work great in a sash or border. In fact, I think I may use it in my daughter's new bed quilt. Click on the image of the quilting design to go to the YouTube video of Leah showing how to stitch this design. You can also check out all of her designs at [The Free Motion Quilting Project](http://The Free Motion Quilting Project).

does ship internationally, but you'll have to check the prices, if you are interested in ordering the kit. Even though she's already started, you can start anytime.

The cool part about her project this year, is that her husband, Josh, is getting in on the fun and learning how to free motion quilt. Each month, Leah posts her video showing how to quilt



# REMINDERS

**PO Box 39482**

**Parklands 00623**

**Email:**

[kenyaquiltguild@gmail.com](mailto:kenyaquiltguild@gmail.com)

**Website:**

[www.kenyaquiltguild.org](http://www.kenyaquiltguild.org)

## Meetings

**Venue:**

Simba Union Off  
Forest Road

**Time**

9.30am– 1.00pm

**Monthly meeting date**

February 20, 2014

## This month's contributors

- ◆ Gill Rebelo
- ◆ Patty Arensen
- ◆ Gretchen
- ◆ Sheryl Fowler

## Membership

As a reminder, if you haven't paid your subscription for 2014, please see Kundan when you arrive at the February meeting. Kundan has asked that you complete a membership form with your subscription to ensure that our email and phone records are accurate. Membership remains at a bargain price of 1,500/-.

## Red Cross Peace quilt

Gretchen has completed the top for the Red Cross Peace quilt. Thanks to all of the ladies who made a block. Patty will be quilting the block. We plan to present it to the Red Cross with as many of the ladies who participated as possible.



## Library Books

We have not yet spent all of the funds allocated to buying books for our library for this fiscal year. Sheryl has volunteered to place an order with Amazon.co.uk to purchase books using the remaining funds and bring them back with her when she returns from her trip to the UK this spring. She has requested that the guild provide her with a list of books that we'd like to have so that she isn't just buying randomly. If there is a book you would like to see in the library, please email  
t h e   g u i l d   a t

kenyaquiltguild@gmail.com by 1st March with your suggestion. Sheryl will be placing the order the first week of March.

## Thank You

Kundan Pattni would like to thank the person who returned her missing book, Fabled Flowers. She is still missing her copy of Mariner's Compass Quilts by Judy Matheison. If you have a copy in your home, please check to ensure that it is yours.



## Bernina Exhibition Date Change

The Woman Shop's Bernina exhibit has been rescheduled to 8-10 March on the advice of the Sarit Centre management. The exhibit will feature the Bernina 3 Series, the Bernina 5 Series, Bernina Overlock, and Bernette sewing machines. We will be demonstrating an embroidery module on the 5 Series. If you purchase a Bernina sewing machine or module, Bernina Overlock or Bernette sewing machine between 8 March and 21 March, you will be entered in a drawing. A separate drawing will be held for anyone who spends 10,000/- or more in the shop on anything other than a machine or module.