

The Kenya Quilt Guild Newsletter
May 2015

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## A Word from our Chairperson - Report

 to the AGMBirds of a feather flock together - but look around you. The "feathers" are all very different! We are a very diverse group of women. We come from many different ethnic and religious backgrounds, but we unite in one thing - we love to quilt! This is the Kenya Quilt Guild and we have had another great year.

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## General <br> Information

## KQG's Coordinates:

## Address:

P.O. Box 39482, Parklands

- 00623, Nairobi

What a great group of women to work with. Charu Patel, vice president; Sheryl Fowler, secretary; Lakhbir Virdee, treasurer; Dorothy Stockell, membership; Gill Rebelo, Education; Suzanne Waithaka, Jharna Kamdar, Snippets; Poley Bharma, Librarian; Gretchen Sanders, Charity; Corinne Talbot and Karen Crumpacker members-at- large. We have had fun at our meetings and I have enjoyed working with each of you. Thank you for your dependable and quality work on the behalf of all of us.
2. Exhibition - In October of this past year we had a highly successful exhibition along with the Kenya Embroiders' Guild. With over 140 quilts on display, it was a colorful and well received show. We were able to give our quilt to the Kenya Red Cross in thanks for their care of the victims of the Westgate tragedy. We also produced the first joint calendar with the embroiderers' guild. Many thanks to Sheryl Fowler and her committee for all of their hard work to promote quilting here in Kenya.
3. The backbone of this guild is our monthly meetings. We have had many demonstrations from Sheryl Fowler, Gretchen Sanders, Dorothy Stockell, Charu Patel. Thank you for sharing your talents and tips. The popular favorite of our meetings is Show and Tell. Thank you to all you brought their handiwork and shared it with all.
4. Education - Many thanks to Sheryl Fowler for her continual efforts to increase our quilting skills. She hosted classes in her home this year and we are thankful. We are grateful for Gill Rebelo's continued effort to teach basic skills to our new members. Last month Dena Crain taught a 2 day class on Reflections that opened our eyes for new design techniques and improved our sewing skills. Thank you, Dena.
5. Our library continues to educate us while we are not together. We have been able to increase the numbers of our books.
6. Our newsletter, Snippets, both educates and helps
us to communicate with one another. Suzanne

## Email:

kenyaquiltguild@gmail.com

## Website:

www.kenyaquiltguild.org

## KQG's Meetings:

Venue: Simba Union Club, off Forest Road

Time: 9:30a.m. to 1:00p.m.

Monthly meetings (every
3rd Thursday of the
Month):

- May 21, 2015
- June 18, 2015
- July 16, 2015


## Payment by M-Pesa:

You may now pay for your Kenya Quilt Guild Subscription or your classes with M-Pesa! Our telephone number is 0726 849033. We are all about being

Waithaka started our year out well, but then had to return to the States temporarily. Thank you to Jharna Kamdar who willing took over this position and then also changed us over to the MailChimp format.
7. We would be remiss if we did not thank Dena Crain for all her work with our online presence. She maintains our gmail account and our blog. With this exposure, quilters new to Nairobi can find us. We are not in deepest, darkest Africa because of Dena. Thank you.
8. We are looking forward to our next year. We are searching for an international teacher for October and are preparing for another exhibition for October 2016. We will increase our quilting skills and seek to bring all our members along with us.

We will remain the Kenya Quilt Guild.

## Patty Arensen

Chairperson

## Humour



## Kits:

We will be selling kits at the meeting. There are limited numbers left, so please ensure that you have the opportunity to buy whatever you would like. Don't forget to bring money along.

## Jewellery Sale:

Ladies, the Jewellery sale that started in out April meeting continues in the May meeting! So don't forget to come with enough money so that you can get some choice pieces, with all the proceeds from the sale going towards a good cause!


## New DVD for our Library

## KATIE PASQUIN MASOPUST: TEACHES YOU SIMPLE STEPS TO DYNAMIC ART QUILTS

## Donated by Sarah Brewin

This DVD illustrates Katie's innovative techniques. Learn everything you need to get started making beautiful quilts available whenever and wherever it's convenient for YOU! Also Includes: Studio Tour Interview Quilt Gallery Running time: 75 minutes

## Review

Fibre Art News "This is the seventh in C\&T's new DVD series, and it's great. It's like taking a class with an expert, but you can do it in your home, on your own schedule, and you can replay each segment as often as you need to. Katie Pasquini Masopust leads the viewer through the steps that she takes to go from a photo inspiration to a final appliquéd art quilt in a rainbow of colours. Step-by-step, Katie talks you through the process of choosing an inspirational photo, cropping, tracing, enlarging, making templates, using spray starch to turn under the edges, invisible appliqué and freemotion quilting. What was especially fun was the extras: Views of her home and studio in Santa Fe, a miniretrospective of her work and hearing about her family and career, including her time as President of Studio Art

## Notice to Members:

Some of our members may remember Kathy Norden-Smith. She was a very active member of the guild and edited our Snippets newsletter. We have just heard that her husband Al has died suddenly. Please put Kathy in your thoughts and prayers during this very difficult time.

## Contributors to this

month's edition of

## Snippets:

- Patty Arensen
- Sheryl Fowler


## About the Artist

Fibre artist Katie Pasquini was born and raised in Eureka, California, with her seven brothers and sisters. She graduated from Eureka High School, where her main focus was the arts. After her senior year, Katie lived in Woodside, California, caring for her mother, who had Lou Gehrig's disease. While there, she attended a quilting class, which started Katie on her fantastic journey with cloth. When Katie and her mom returned to Eureka, she opened Katie's Quilt Shop, which she ran for five years. She then began traveling in the United States, Canada, New Zealand, Australia, Japan, Belgium, Switzerland, and England, teaching contemporary quilt designing. Katie has changed her style over the years, starting with traditional works, then creating mandalas, followed by dimensional quilts. She is enjoying landscapes and flora and feels as though she has returned full circle to her beginnings as a painter. Now she is painting with fabric. Katie has won many awards throughout her career, including the Penny Nii award at the 1998 Visions Show for her quilt Passages, Chaco Canyon. Her quilt Rio Hondo was chosen as one of the 100 quilts of the twentieth century.

## Sheryl Fowler

## How to make Continuous Prairie Points

In case you did not attend the January Monthly Meeting and have missed the video and talk on Continuous Prairie Points, here is a summary:

- Step 1. Measure each side of quilt, and add 6 inches to each measurement to get the length of the fabric needed for each border.
- Step 2. Cut lengths of fabric 8 inches wide for each side.
- Step 3. Fold each strip in half lengthwise, wrong side together, press sharply.
- Step 4. Unfold. Starting on one edge, mark off in 4 inch segments on each side of center line. Stagger the lines 2 inches apart on either side of the fold.
- Step 5. Cut on each mark being careful not to cut center line.
- Step 6. Make prairie points with right side of fabric down.
1st fold: on first 4" segment, fold corner diagonally.
- Step 7. 2nd fold: fold 2nd corner diagonally.
- Step 8. 3rd fold: fold corner diagonally on 2nd segment:
- Step 9. 4th fold: fold prairie point \#1 up:
- Step 10. 5th fold: fold 2nd corner diagonally on prairie point \#2.
- Step 11. Press and pin prairie points.
- Step 12. Repeat step 6 through end of fabric strip.
- Step 13. Sew prairie point strip $1 / 8$ " along straight edge.
- Step 14. Pin and sew to quilt top.
- Step 15. Turn quilt to back, turn under edges of quilt back, and sew around perimeter of quilt.

You can watch the YouTube presentation on: https://www.youtube.com/watch?v=25fnkU7L2qc

Sheryl Fowler

Block of the Month - Goshen Star


## Fabric Requirements:

Colour 1: Dark Cut one $53 /{ }^{\prime \prime} \times 11 \frac{1}{2}$ " strip

Cut two strips 3 " x 10 $1 /$ n $^{\prime \prime}$
Then cut again into four $3^{\prime \prime} \times 514^{\prime \prime}$ rectangles

Colour 2:
Medium Fabric

Cut one $17 / \mathrm{s}^{\prime \prime} \times 15$ " strip
Then cut again into eight $11 / 8{ }^{\prime \prime} \times 1 /{ }^{\prime \prime}$ squares
Cut one 3" square

Colour 3: Tone on Tone
(Provided by KQG)

Cut one $53 /{ }^{\prime \prime} \times 111 /{ }^{\prime \prime}$ strip

Cut one $17 / \mathrm{s}^{\prime \prime} \times 15$ " strip
Then cut again into eight 1 1/8" $\times 1$ 1 $1 / \mathrm{s}^{\prime \prime}$ squares

## Piecing Instructions:

1. Mark back side of Colour $3,53 / 4$ " $\times 11 \frac{1 / 2 "}{}$ on vertical at $53 / 4$ " and then on the two diagonals as shown. Now speed piece the half squares by stacking the Colour 1 and Colour $3,57 / 8^{\prime \prime} \times 113 / 4$ " strips right sides together sewing a scant $1 / 4$ " above and below the marked diagonals.

This will give you four half squares. Press seams to darker side, and trim these back to measure $51 / 4^{\prime \prime}$ if necessary.

2. To make the rectangle units, place one small Colour 2 square lined up with the edges of a Colour 1 rectangle. On the back of the small square, draw in the diagonal, and sew just inside this drawn line. Cut off the excess seam allowance, and press the remainder out towards the triangle. Take one small Colour 2 square and line it up with the edge on the same end but neighbouring corner of your first trimmed square. Sew, cut and press as before. On the opposite end of the rectangle, sew as directed with two Colour 3 squares. Do this with all four corners of the rectangle. Make four units like this. Rectangles measure $3 " \times 51 / 4$ ".

3. Now piece the block.


## KQG Calendar - 2016

As announced during the last couple of monthly meetings,
given the popularity and success of the 2015 calendars that we had prepared in time for our Exhibition last year, the Kenya Quilt Guild has decided to do a Calendar for 2016.

Please remember - we plan to have members vote on which quilts should be featured in the KQG 2016 Calendar during the June meeting. Therefore, please do come with a photograph of your quilt(s) to the June meeting (the photograph could be a simple colour printout on ordinary paper). For the KQG 2016 Calendar, it has been decided that quilts in the following quilt categories will be featured:

1. Traditional Quilts
2. Art Quilts
3. African Quilts

Photographs of quilts in each of these categories may be submitted by members for voting and selection at the June meeting - provided you have the quilts available with you in a pristine condition, as we will need them to be photographed by a Professional. If your quilt is selected at the June meeting to be featured in the 2016 calendar, we will advise you on when the original quilt will be required for photography by a professional photographer.

## Snippets Editor: Jharna Kamdar (jharna.rk@gmail.com)

The Editor welcomes contributions to Snippets from all members. Please send articles for inclusion in the monthly edition of Snippets by the 10th of each month.

