

# SNIPPETS

The Kenya Quilt Guild Newsletter  
June 2015

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## *A few words*

*from Corinne Talbott*

Dear Kenya Quilt Guild,

Congratulations to Patty and her family as they celebrate the wedding of her son in the US! Since Patty is gone, I have the opportunity to write to all of you this month.

Didn't we have a great May meeting? I wonder if our attendance of 57 women was a record? The meeting made me think of the many things I appreciate about our guild:

--the amazing diversity. We have people from so many different ethnicities, nationalities, and religions in

Membership & Loan of quilting draws us all together. What lovely possibilities for friendship!

9. A Call For More Teachers --the energy. I come away from the

10. Hand Lotion meetings energized to create. The show and tell times motivate me to

Repairing Hands - a work hard to have something for the next meeting, and I am continually

Home Remedy 11. Sophie Standing challenged to grow as a quilter.

Exhibition

**In the Sidebar:** --the fun. Sometimes our meetings are

1. General Information downright chaotic, as we fit so much into those couple of hours! There are

2. Payment by M- interesting things to buy, things to see, and people to talk to!

Pesa

3. Kits --the learning. I learn from the books in the library (I like to try out something

4. KQG's Facebook from each book I borrow), from the things I see, and from each of you as

Group Page 5. You know you are a Quilter If.... you share ideas with the rest of us.

In July we will return to the US for at least one year, to care for elderly parents and to be close to young adult

**General Information** children. I will miss all of you; thank you for your friendship.

**KQG's Coordinates:** . . . . .

Corinne Talbott

**Address:**

**Humour**

P.O. Box 39482, Parklands -  
00623, Nairobi

**Email:**

**Elephant Applique**

kenyaquiltguild@gmail.com

**Challenge**

**Website:**

www.kenyaquiltguild.org

**KQG's Meetings:**

**Venue:** Simba Union Club, off

Forest Road

**Time:** 9:30a.m. to 1:00p.m.

Monthly meetings (every 3rd

Thursday of the Month):

- June 18, 2015
- July 16, 2015
- No meeting in August

2015.

How are you getting along with your Elephant Applique Challenge? If you have finished your project, you can hand it over to Gretchen at the next meeting. We will be collecting the Challenges up until, and including the September meeting.

At the September meeting, the entries will be hung for everyone to see and members will have the opportunity of voting for their favourites. The three ladies who receive the most votes will receive gift vouchers.

It will be exciting to see how many different variations we as a Guild can produce. Last year, the diversity was astounding and the talent of our members was astounding.

### Payment by M-Pesa:

You may now pay for your Kenya Quilt Guild Subscription or your classes with M-Pesa!

Our telephone number is 0726 849033. We are all about convenient!

### Kits:

We will be selling kits at the meeting. There are limited numbers left, so please ensure that you have the opportunity to buy whatever you like. Don't forget to

Please remember that each wall-

hanging must be sandwiched, quilted, have a sleeve and a label. The label should have the title of your Challenge and your name along with any other information that you wish to include.

**Sheryl Fowler**

### **Raffle Quilt & Member**

### **Involvement**

The main raffle quilt for the 2016 Exhibition will be designed using pinwheel blocks.

We are asking our members to provide the Committee with **FIVE DIFFERENT, 5" x 5" BLUE 100% COTTON SQUARES**. It seems that blue and white quilts are very popular and will attract more raffle ticket sales.

This is an opportunity to dig around in your scraps and find suitable pieces to put in the raffle quilt. We will need a great number of squares to make a king size quilt.

The raffle provides the Guild with the funds necessary to rent the hall at the

bring money along. Charit Centre. Every Exhibition we raffle off at least three quilts: One king size, one lap and one baby quilt. We hope to do the same in October 2016.

It is a huge undertaking for the Kenya Quilt Guild's Committee and in order to achieve our goal it is important to start planning now.

Dear Members,  
We look forward to receiving your 5" x 5" squares at the June meeting. We The Kenya Quilt Guild has will need hundreds of squares to a presence on Facebook, our goal.

as a Facebook Group at  
**Sheryl Fowler**  
[https://www.facebook.com/  
groups/134328889914933/](https://www.facebook.com/groups/134328889914933/)

## **Block of the Month - Woven Ribbons**

There is currently a lot of activity on this Facebook Group Requirements:

page, entirely thanks to Dena Crain. However, the

KQG Facebook Group is for the use of all KQG

Members. The more different members use this Group and make posts

Colour 1:

Medium Beige

Colour 2:

Medium / Dark

Group and make it

therein, the more interesting, unique and vibrant the Group page will be.

Colour 3:

Medium / Dark

Green

We look forward to seeing a lot more activity in this Group through participation of all our members.

Colour 4:

Medium / Dark

Blue

### Jharna

Colour 5:

Background

(Provided by

KQG)

### You know you are a

### Quilter If:

There's more fabric in the house than food

One strip 3 1/2" x 10"

Then cut again into **one** 3 1/2" x 3 1/2"

square and **one** 3 1/2" x 6 1/2"

### "Fat Quarters"

rectangle

are not the heaviest part of your body

One strip 3 1/2" x 10"

Then cut again into **one** 3 1/2" x 3 1/2"

square and **one** 3 1/2" x 6 1/2"

Your ironing board is

rectangle

always set up,

But you never iron

clothes One strip 3 1/2" x 10"

Then cut again into one 3 1/2" x 3 1/2"

square and one 3 1/2" x 6 1/2"

You pet fabric. rectangle

People are always picking

threads off of you. One strip 3 1/2" x 10"

Then cut again into one 3 1/2" x 3 1/2"

square and one 3 1/2" x 6 1/2"

You can measure a scant rectangle

1/4" by eye.

One strip 3 1/2" x 14"

"Featherweight" doesn't Then cut again into four 3 1/2" x 3 1/2"

squares

mean a boxer.

Your "UFOs" are not

from outer space. Piecing Instructions:

You clean up your sewing 1. Sew each 3 1/2" background square (Colour 5) right sides

room and they think you together to each Colour 1, 2, 3,

are leaving. and 4, 3 1/2" x 3 1/2" square,

using a **SCANT 1/4"** seam.

You have a "stash" and it Press seam allowances

towards the darker fabrics. You

isn't illegal. will have four of these units.

These should measure 3 1/2" x 6

Sheryl Fowler

1/2".

**Contributors to this month's edition of**

**Snippets**

- Patty Arensen
- Corinne Talbott
- Sheryl Fowler
- Gill Rebelo
- Carol Davey
- Dena Crain
- Jharna Kamdar

2. Take Colour 1 rectangle and Colour 2/Colour 5 unit, with right sides together sew as shown using SCANT 1/4" seam. Press toward Colour 1 rectangle.

Ensure Colour 2/5 Unit is placed correctly.

3. Take Colour 2 rectangle and Colour 4/Colour 5 unit, with right sides together sew using SCANT 1/4" seam. Press toward Colour rectangle. Ensure Colour 4/5 Unit is placed correctly.

4. Take Colour 3 rectangle and Colour 1/Colour 5 unit, with right sides together sew using SCANT 1/4" seam. Press toward Colour rectangle. Ensure Colour 1/5 Unit is placed correctly.

5. Take Colour 4 rectangle and Colour 3/Colour 5 unit, with right sides together sew using SCANT 1/4" seam. Press toward Colour rectangle. Ensure Colour 3/5 Unit is placed correctly.

6. Sew sections together as



o. Sew sections together as shown.

## Block Of The Month Workshop

This month the BOM is a very very easy pattern to cut and sew.

We cannot stress how important it is to get your  $\frac{1}{4}$ " seams correct and to have your ironing skills sharpened. And what is a scant  $\frac{1}{4}$ " and why do we need to sometimes use this?

$\frac{1}{4}$ " seams depend on the correct foot and if the foot is not available, the use of a masking tape guide on the machine. Each machine is different and each machine should be measured individually.

We can assist you to ensure that your measure is accurate. It is also common that sewers either narrow or enlarge their seams at the beginning of the stitching line or at the end of it. Throwing off your seams by as little as  $\frac{1}{16}$ " can make a big difference to the end result

and result.

The Committee is offering a **free** brief workshop on ¼” seams and ironing techniques to our ladies following the June meeting. All members are invited to bring along their sewing machines and their BOM pieces already cut out.

There will only be 24 kits available at the meeting which will contain the sponsored background pieces to the BOM.

We encourage our members to take this opportunity of learning how to piece their BOM correctly. Even the most productive of our members could use this refresher workshop.

If this workshop proves productive and well supported, we will consider holding this workshop a few times a year.

**Sheryl Fowler**

## **KQG Calendar - 2016- Reminder**

As announced during the last few monthly meetings, the Kays Quilt

monthly meetings, the Kenya Quilt Guild has decided to do a Calendar for 2016.

***Please remember*** - we plan to have members vote on which quilts should be featured in the KQG 2016 Calendar during the **June meeting**. Therefore, please do come with a photograph of your quilt(s) to the June meeting (*the photograph could be a simple colour printout on ordinary paper*). For the KQG 2016 Calendar, it has been decided that quilts in the following quilt categories will be featured:

1. Traditional Quilts
2. Art Quilts
3. African Quilts

Photographs of quilts in each of these categories may be submitted by members for voting and selection at the June meeting - ***provided you have the quilts available with you in a pristine condition***, as we will need them to be photographed by a Professional. If your quilt is selected at the June meeting to be featured in the 2016 calendar, we will advise you on when the original quilt will be required for

photography by a professional photographer, who will make the final decision on what to include.

## **Library Membership & Loan of Books to Members**

Our library expands each year and we welcome suggestions from our members for new purchases.

It has been our policy to offer our members use of the library in two ways:

1. An annual membership of Shs. 1000.00 which allows ladies to check out two books a month, returnable at the following month's meeting.

OR

2. For those ladies who prefer a fee per book: Shs. 100.00 per book also returnable at the following month's meeting.

There is a late charge if books are not returned on time.

**many thanks to April webb** who so kindly donated books to the library, some of which will be available at the June Monthly Meeting.

## **A Call For More Teachers**

The Executive Committee is working on bringing teachers from overseas later in the year and have had a tentative acceptance to teach in October from Paramjeet Bawa who taught very successful classes here a few years ago. We will keep you informed when we have more details.

To supplement occasional international teachers the committee would like to encourage more of our members to teach quilting skills to small groups of members, preferably in their own home.

Many of our members may not be aware that there are several experienced quilters in the Guild who do already share their expertise in this way. We are grateful for what they do and would like to encourage them to extend the range of classes they can offer. We would also like to encourage

other members to run occasional classes or sewing groups in their homes and will be discussing this at the June meeting.

In the meantime here are details of those members already teaching and their location in Nairobi.

Raji ..... New Muthaiga /  
Thigiri Ridge.....0722-362262

Raghbir ... . . . Ngong  
Road.....0721-372208

Poley ... ..  
Brookside area .....  
0738-170646

Dorothy has volunteered to host an informal sewing group at her home in Lavington every Wednesday afternoon. If you are interested contact her on 0700231495.

I am currently running Beginners' classes in Spring Valley on Wednesday or Friday mornings. You can contact me on 0722612105

me on 07/20/13 105.

**Gill Rebelo**  
**KQG Education Officer**

## **Hand Lotion for Repairing Hands - *A Home Remedy***

After having moved house and re-building my small business of Boarding Kennels for both cats and dogs, my hands really suffered and I was a very disgruntled quilter as I could not take the feel of any material - my hands were like grade 1 sand paper - what a horrid feeling.

I was searching for a herbal antidote for a dog problem, with the help of my Vet surgeon, and came across the following recipe for 'repairing hands' by an Oregon, U.S.A. quilter. I tried the recipe and within 24 hours, I was a much happier bunny as I was quilting again. I listened, tried all sorts of creams, lotions and none seemed to work for me. The creams were greasy and would not be absorbed, I tried Anti-aging cream as a last resort but even that did not work. I

that did not work...

Take 3 tablespoons of Flax (Linseed) seeds and soak overnight in warm water. The following day, you will have a heavy slimy mass/jelly - strain the jelly through a sieve and throw away the seeds. To the jelly, add 500 mls of Apply Cider Vinegar and 5 tablespoons of Glycerine. Bring this mixture to just on boiling point and remove from the heat. Next, take an egg whisk and beat for about a minute to eliminate the Glycerine from separating. When the liquid has cooled down a little bit, bottle. Dampen your hands as much as you want during the day and let them air dry. This mixture makes about 750 mls so do please pass on a bottle to a friend.

I tried this and wondered if my hands were going to be sweet and sticky but to my surprise, my hands became smooth, soft and silky within 24 hours.

**Carol Davey**

**Sophie Standing  
Exhibition**



Sophie gave us a presentation of her unique embroidery/appliqué method which she uses to produce the most wonderful works of art. Many of you will remember the presentation she gave at our meeting a couple of years ago. Don't miss her exhibition at the Talisman restaurant in Karen.

**Snippets Editor: Jharna Kamdar**  
([jharna.rk@gmail.com](mailto:jharna.rk@gmail.com))

*The Editor welcomes contributions to Snippets from all members. Please send articles for inclusion in the monthly edition of Snippets by the 10th of each month.*

This email was sent to [dena@denacrain.com](mailto:dena@denacrain.com)

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Kenya Quilt Guild · P.O. Box 39482 · Nairobi 00623 · Kenya